



Alcohol and Traffic Courses in Denmark
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Why Alcohol and Traffic courses in Denmark

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- Good experiences with rehabilitation courses in other countries

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Deaths in alcohol related accidents in Denmark in the years

- 1999: 138 persons
- 2002: 132 persons
- 2009: 75 persons

Content of the Course

- The Ministry of Justice has drafted an order – plan of instruction - in which the content of the course is described

Who offers the course?

- The courses are offered by the Authorities
- The 5 Regions in Denmark
- The participants must pay 2500,- Danish crowners
– 350 Euro

Who will have to go to the Course

- March 2002
- All drivers who had their licence suspended because of drink driving.
- Novice drivers with a driving ban because of drink driving
- September 2005 the system was extended to drivers with conditional ban

Purpose of the course

- To help create acceptable habits and an alcohol culture, where alcohol and driving are separated
- Increase knowledge on alcoholrelated risk

Structure of the course

- In groups – 12 – 16 persons
- Mixed groups – men and women, young and elderly
- Four lessons in total
- At least one week between each lesson

Plan of instruction

- Alcohol in general
- How alcohol influence your driving abilities
- How alcohol influence the relations in the family

Rules for participation

- Participate actively
- Not be influenced by alcohol, drugs or medicine
- Arrive on time

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Instructors Qualifications

- They need to have specialist knowledge about alcohol
- Can for instance be social workers, pedagogues
- Must have experience in working with alcohol problems or preventing alcoholproblemes

Evaluation

- Most participants expressed great satisfaction with the course
- The time between the lessons was usefull in absorbing new information

Results from the evaluation

- Many of the participants found that the course had given them new knowledge
- Reduction in recidivism with 40% after starting the courses in 2002